

Midwifery Exam Preparation

CM questions midwifery test prep

Q:1-A client is in the second stage of labor and has been pushing for almost an hour.

Which of the following interventions is the most appropriate for the client at this stage?

Mark one answer:

- ☐ Offer clear fluids in between contractions.
- ☐ Encourage ambulation.
- ☐ Instruct the client to push with each contraction.
- ☐ Encourage frequent changes in position.

Q:2-A client at 38 weeks' gestation comes to the facility after experiencing leakage of clear fluid from the vagina without contractions. Premature rupture of membranes is suspected. Which of the following actions by the midwife would be inappropriate for a client with this condition?

Mark one answer:

- ☐ Perform digital vaginal examination.
- ☐ Administer ampicillin IV.
- ☐ Assess the client's cervix and vaginal cavity through sterile speculum vaginal examination.
- ☐ Order L/S ratio.

Q:3-A midwife is monitoring a client in labor who is receiving intravenous oxytocin. The fetal heart rate monitor tracing reveals decelerations occurring 35 seconds after the

onset of each contraction and continuously past the end of the each contraction. Which of the following is the priority action of the midwife?

Mark one answer:

- ☐ Change the client's position to side-lying position.
- ☐ Position the client to Trendelenburg position.
- ☐ Stop the administration of oxytocin.
- ☐ Administer oxygen.

Q:4-A midwife is assessing a client and her infant one week after delivery. The infant's birth weight was 7.5 pounds. Which of the following findings indicate that the infant is getting enough milk?

I.The mother reports that the infant is wetting 6 to 8 diapers a day.

II.The mother informs the midwife that the infant appears content between feedings.

III.The infant's weight is 6.8 pounds.

IV.The mother reports that the infant quietly swallows during breastfeeds.

Mark one answer:

- ☐ I and II
- ☐ I, II and III
- ☐ I, II and IV
- ☐ All of the findings indicate sufficient milk intake.

Q:5-On assessment, the midwife notes that a female newborn has pink patches at the nape of the neck. The midwife informs the mother that these patches:

Mark one answer:

- ☐ Occur more often in males than in females.

- ☐ Are caused by an injury during labor.
- ☐ Do not fade.
- ☐ Disappear by school age without treatment.

Q:6-A client is given oxytocin for the induction of labor. The midwife should monitor the client for which of the following side effects of oxytocin?

Mark one answer:

- ☐ Vomiting
- ☐ Increased urine outflow
- ☐ Hypertension
- ☐ Bradycardia

Q:7-A midwife is monitoring a client who is in labor. Assessment findings reveal that the fetus is in LOA position. The midwife notes that the presenting part of the fetus is at 0 station. This finding indicates that:

Mark one answer:

- ☐ The presenting part is at the perineum, and the fetal head is crowning.
- ☐ The presenting part is at the level of the ischial spines, and the fetal head is engaged.
- ☐ The presenting part is above the level of the ischial spines, and the fetal head is floating.
- ☐ The presenting part has descended to within the pelvic inlet.

Q:8-A midwife is monitoring a client who was admitted to the labor and delivery unit about 5 hours ago. The midwife notes a cervical dilatation of 5 cm. The contractions

occurring every 5 minutes usually last between 50 and 55 seconds. The client is in which phase of labor?

Mark one answer:

- ☐ Latent phase
- ☐ Active phase
- ☐ Transition phase
- ☐ Second stage of labor

Q:9-A midwife is monitoring a client with a cervical dilatation of 3 cm. The midwife determines that the client has contractions occurring every 3 minutes. Each contraction lasts for 50 seconds. The fetal heart rate is determined at 100 beats per minute. Which of the following is the priority action of the midwife?

Mark one answer:

- ☐ Encourage the client to push with every contraction and to rest in between contractions.
- ☐ Administer oxygen via face mask.
- ☐ Document the findings as normal.
- ☐ Encourage frequent change of position.

Q:10-A midwife is reviewing the fetal heart rate monitor tracing obtained from a G2P1 client who is in labor. The midwife notes decelerations at unpredictable times in relation to contractions. The midwife suspects which of the following conditions?

Mark one answer:

- ☐ Cephalopelvic disproportion
- ☐ Good fetal-well being

- ☐ Uteroplacental insufficiency
- ☐ Cord compression

Midwifery Practice Questions Free

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Q:1-A midwife is teaching a female client how to perform a breast self-examination. On return demonstration, which of the following actions by the client indicates that further teaching is necessary?

Mark one answer:

- ☐ The client uses the tips of her second, third and fourth fingers to press every part of her breast.
- ☐ Using the right hand to examine the left breast, the client examines the entire breast using small circular motions in a spiral pattern.
- ☐ In a supine position, the client places a folded towel under her right shoulder and puts her right hand behind her head. Using the left hand, she palpates her right breast.
- ☐ In a standing position, the client places her hands on her hips and presses down firmly.

Q:2-A midwife is assessing four clients who recently gave birth through vaginal delivery. A part of the examination is measuring the fundal height. Which of the following clients needs further evaluation?

Mark one answer:

- ☐ A client who gave birth 24 hours ago; the fundus is 1 fingerbreadth below the umbilicus.

- ☐ A client who gave birth one hour ago; the fundus is at the level of the umbilicus.
- ☐ A client who gave birth 72 hours ago; the fundus is 2 cm below the umbilicus.
- ☐ A client who gave birth 10 days ago; the fundus is non-palpable.

Q:3-A female client is admitted to the facility due to alcohol abuse. During the first 24 hours, which of following interventions is the least appropriate?

Mark one answer:

- ☐ Orient the client frequently.
- ☐ Initiate seizure precautions.
- ☐ Provide a quiet, non-stimulating environment.
- ☐ Initiate bleeding precautions.

Q:4-There are many reasons why nurse midwives should be concerned with professional ethics. Which of the following is the main and critical purpose of applied professional ethics?

Mark one answer:

- ☐ To foster professional identity.
- ☐ To protect consumers and care providers.
- ☐ To maintain internal regulation and avoid external regulation.
- ☐ To signal professional maturity.

Q:5-A series of laboratory examinations are conducted for a client who is admitted to the facility for an annual checkup. Blood is drawn for serum electrolyte testing. Which of the following assessment findings requires further evaluation?

Mark one answer:

- ☐ Sodium = 137 mEq/L
- ☐ Potassium = 4.3 mEq/L
- ☐ Chloride = 93 mEq/L
- ☐ Bicarbonate = 27 mEq/L

Q:6-A midwife is managing the care of a 25-year-old postpartum client who gave birth 18 hours ago. No complications were noted during the labor process. The newborn is brought to the client for feeding and to have the mother and child bond for the night. The client says, "I'm too tired. Please get her back to the nursery, just for tonight. I need to get some sleep." Which of the following is the most appropriate action of the midwife?

Mark one answer:

- ☐ Create a teaching plan for the mother that focuses on breast feeding.
- ☐ Encourage the client to join a parenting skill class.
- ☐ Accept the client's behavior as an indication that she is in the taking-in phase.
- ☐ Accept the client's behavior as an indication that she is in the taking-hold phase.

Q:7-A midwife is assessing a mature female neonate born to a 21-year-old G3P2 client. Which of the following findings suggests that further evaluation and notification of the physician are necessary?

Mark one answer:

- ☐ Birth length = 53 cm
- ☐ Head circumference = 35 cm

- ☐ Birth weight = 11 pounds
- ☐ Chest circumference is 2 cm less than the head circumference.

Q:8-A client who gave birth to a healthy newborn experiences crying and expresses feelings of sadness and emptiness. The client delivered her baby 3 days ago. The midwife suspects that the client has:

Mark one answer:

- ☐ Postpartum depression.
- ☐ Postpartum blues.
- ☐ Postpartum psychosis.
- ☐ A normal behavior during the taking-hold phase.

Q:9-A midwife is receiving a client who gave birth an hour ago. Which of the following nursing interventions is the priority action of the nurse during the immediate postpartum period?

Mark one answer:

- ☐ Obtain the client's blood glucose level.
- ☐ Palpate for the height of fundus.
- ☐ Order hemoglobin and hematocrit tests.
- ☐ Administer oxygen.

Q:10-A client had a cesarean delivery. The client informs the midwife that she intends to breastfeed her baby. Which of the following instructions is the most effective for a client who wants to breastfeed after a cesarean delivery?

Mark one answer:

- ☐ "Use the football hold when breastfeeding."
- ☐ "Choose the position that is most comfortable during breastfeeding."
- ☐ "Breast feeding is withheld for the first 12 hours of life."
- ☐ "Breastfeed the newborn every 4 to 8 hours."

Midwifery Questions And Answers Download

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Q:1-A client at 11 weeks' gestation complains of severe and extreme nausea and vomiting. During history taking, the midwife learns that the client vomits at least three times a day. An ultrasound is performed and reveals that the client is negative for hydatidiform mole and multiple pregnancy. The midwife suspects a case of hyperemesis gravidarum. The client is admitted for monitoring. Which of the following interventions is the least appropriate for the client?

Mark one answer:

- ☐ Increase oral intake of fluids.
 - ☐ Administer 3,000 mL of Ringer's lactate.
 - ☐ Administer metoclopramide.
 - ☐ Monitor fluid intake and urinary output.
-
-

Q:2-A midwife tells a client who is trying to get pregnant to eat fresh fruits and green and leafy vegetables before conceiving. The midwife also recommends 400 mcg of folic acid a

day. Once she gets pregnant, the midwife may recommend that the client increase her folic acid intake to 600 mcg per day during the first trimester. Which of the following is not a benefit of folic acid supplementation before and during pregnancy?

Mark one answer:

- ☐ It prevents the formation of large but ineffective red blood cells.
 - ☐ It prevents neural tube defects.
 - ☐ It decreases the baby's risk for cleft lip or palate.
 - ☐ It ensures proper functioning of the thyroid gland.
-

Q:3-A client is in her 18th week of pregnancy. Which of the following psychosocial changes is expected at this time?

Mark one answer:

- ☐ The client is ambivalent about being pregnant.
 - ☐ The client begins to imagine how she will feel during the delivery.
 - ☐ The client is excited to attend childbirth educational classes.
 - ☐ The client engages in nest-building activities.
-

Q:4-The midwife is creating a teaching plan for a program that encourages women to have their regular Pap smear. Which of the following groups of women is the midwife's priority?

Mark one answer:

- ☐ Women infected with *Treponema pallidum*.
- ☐ Women with a history of genitalia herpes.
- ☐ Women who are on oral contraceptives.
- ☐ Women who have plans of conceiving within the next year.

Q:5-A pregnant client asks the midwife about nonpharmacologic methods for managing labor pains. The midwife informs her about a method that is based on the idea that childbirth is a natural and joyful process. This method also stresses the importance of having the husband's support during the pregnancy, labor and early postpartum period. It also encourages walking during labor. The midwife is teaching which method to the client?

Mark one answer:

- ☐ Lamaze method
 - ☐ Bradley method
 - ☐ Psychosexual method
 - ☐ Dick-Read method
-
-

Q:6-A client at 20 weeks' gestation asks the midwife if she will be able to breastfeed her baby after birth. The client has a history of type 2 diabetes, which has been well-controlled before and during the pregnancy. The client has a BMI of 34. Which of the following statements by the midwife is the most appropriate?

Mark one answer:

- ☐ "Whether or not you can breastfeed your baby will depend on your blood glucose levels after birth."
- ☐ "Mothers with type 2 diabetes are encouraged to breastfeed their babies after birth. Breastfeeding may also lower your need for insulin."
- ☐ "You may not breastfeed your baby after birth. Insulin can cross into the breast milk and may cause your baby to develop hypoglycemia. Your baby may be nourished with formula"

milk."

- ☐ "Breastfeeding is encouraged for women with type 2 diabetes. However, you may need to increase your insulin when nursing."
-

Q:7-A 21-year-old female client comes to the prenatal clinic after a home pregnancy test indicated a positive result. The client informs the midwife that her last menstrual period was on October 28, 2010. Using Nagele's rule, the client's expected date of birth is on:

Mark one answer:

- ☐ August 4, 2011
- ☐ July 21, 2011
- ☐ July 4, 2011
- ☐ August 21, 2011
-

Q:8-A client at 30 weeks' gestation complains of shortness of breath and an unusually rapid enlargement of the uterus. A tense uterus is noted by the midwife during assessment. Palpation of the small parts of the fetus and auscultating the fetal heart rate are difficult. The midwife suspects severe hydramnios. Which of the following interventions are appropriately included in the care plan?

I.Encourage ambulation.

II.Increase intake of foods high in fiber.

III.Perform amniocentesis.

IV.Administer indomethacin.

Mark one answer:

- ☐ I and II
- ☐ II and III

- ☐ II, III and IV
 - ☐ All of the above
-

Q:9-A contraction stress test is ordered to a client at 35 weeks' gestation. After half an hour, the client's uterus begins to contract and the midwife observes three 40-second-long contractions in a 10-minute window. The client has two contractions within the next five minutes. The midwife notes that the fetal heart rate decreases toward the end of the contraction and afterward. This happens during more than 50% of the contractions. After stopping the oxytocin, which of the following is the next action of the midwife?

Mark one answer:

- ☐ Administer oxygen.
 - ☐ Turn the client to the left side.
 - ☐ Assess the client's blood pressure.
 - ☐ Refer the client to a physician for further evaluation.
-

Q:10-A 20-year-old female client is pregnant for the first time. The client is a marathon runner and has been on a rigorous exercise and training program. The client asks the midwife if she could still exercise while pregnant. Which of the following statements by the midwife is the most appropriate for the client?

Mark one answer:

- ☐ "You should stop exercising when pregnant as it can cause miscarriage or intrauterine growth retardation."
- ☐ "If you are an athlete, you may proceed with your pre-pregnancy exercise program without limitations."
- ☐ "You may continue exercising, but make sure to decrease the intensity of exercises. You

may return to your pre-pregnancy exercise program two weeks after delivery."

- ☐ "You should modify the intensity and type of your exercises. Non-weight-bearing exercises are recommended."
-

Midwifery Practice Questions

CM review midwifery mock test midwifery prep

Q:1-A client has just given vaginal birth to an eight-pound baby boy. A few minutes after the delivery, the midwife observes lengthening of the umbilical cord and a gush of vaginal blood. The midwife interprets these observations as:

Mark one answer:

- ☐ Signs of hemorrhage.
- ☐ Signs of placenta previa.
- ☐ Signs of placental separation.
- ☐ Signs of retained placental fragment.
-
-

Q:2-A client with a multiple pregnancy is scheduled for cesarean delivery and is transported to the delivery operating room. The midwife reminds the staff nurse to position the client in which of the following positions in the operating room?

Mark one answer:

- ☐ Left side-lying position
- ☐ Semi-Fowler position
- ☐ Supine position, with a wedge placed under the right hip.
- ☐ Supine position, with a wedge placed under the left hip.

Q:3-A midwife is reviewing the laboratory tests of a client who is in labor. The laboratory findings include a hemoglobin level of 10 g/dL and a hematocrit concentration of 34%. The midwife is correct if she determines that the client is at risk for which of the following during the postpartum period?

Mark one answer:

- ☐ Anemia
 - ☐ Increased cardiac output
 - ☐ Postpartum infection
 - ☐ Hemorrhage
-

Q:4-Which of the following clients in labor is most likely considered for artificial induction of labor?

Mark one answer:

- ☐ A client who gave birth to an Rh-positive baby and failed to get a RhoGAM after birth.
 - ☐ A client at 43 weeks' gestation who has been in the second stage of labor for one hour.
 - ☐ A client who ruptured her membranes 18 hours ago.
 - ☐ A client with severe hypertension.
-

Q:5-A client in labor is administered with an anesthetic through the spinal subarachnoid space. Which of the following actions by the nurse is the least appropriate when managing the client?

Mark one answer:

- ☐ The midwife maintains the client flat on bed for 8 to 12 hours.
- ☐ Inform the client that headaches may occur.

- ☐ Monitor the client for hypertension.
 - ☐ Administer IV fluids.
-
-

Q:6-A midwife is teaching a 14-year-old girl about contraceptives. The client gave birth to a healthy baby girl three days ago. The midwife is correct when she says that the most effective way to protect against conception is through:

Mark one answer:

- ☐ Natural family planning.
 - ☐ Abstinence.
 - ☐ Oral contraception.
 - ☐ Surgical methods.
-

Q:7-A midwife is assessing four female clients with signs and symptoms involving the reproductive system. All clients are engaging in heterosexual sexual relationships. The midwife requires identification and treatment of sexual partners of all of the following clients except:

Mark one answer:

- ☐ A client diagnosed with genital herpes.
 - ☐ A client diagnosed with chlamydia.
 - ☐ A client diagnosed with bacterial vaginosis..
 - ☐ A client with hepatitis B.
-

Q:8-A midwife is assessing the fertility of couples who have been trying to conceive for a period of time without success. Which of the following couples has primary infertility?

Mark one answer:

- ☐ A couple engaging in unprotected sex for half a year. No previous conceptions are reported.
 - ☐ A couple engaging in unprotected sex for one year. A previous conception is reported.
 - ☐ A couple engaging in unprotected sex for one year. No previous conceptions are reported.
 - ☐ A couple engaging in unprotected sex for half a year. A previous conception is reported.
-

Q:9-Which of the following female clients has the greatest risk for uterine fibroids?

Mark one answer:

- ☐ A 30-year-old Chinese American who has a BMI of 30 and smokes 2 packs of cigarettes a day.
 - ☐ A 43-year-old Caucasian who has a BMI of 32 and smokes 2 packs of cigarettes daily.
 - ☐ A 25-year-old Black American who has a BMI of 32; cigarette smoking is denied.
 - ☐ A 25-year-old of Mediterranean descent who has a BMI of 30; cigarette smoking is denied.
-

Q:10-A couple is considering artificial insemination after the man fails to respond to medications that intend to increase his sperm count. Which of the following statements about artificial insemination is false?

Mark one answer:

- ☐ A donor's sperm can be used.
- ☐ The sperm is instilled into the female reproductive tract one day after ovulation.
- ☐ It involves selective termination of gestational sacs.
- ☐ The sperm is instilled into the cervix or uterus.

Practice Midwifery Exam

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Q:1-What is the most common cause of postpartum bleeding?

Mark one answer:

- ☐ Uterine atony
 - ☐ Coagulopathy
 - ☐ Retained placenta
 - ☐ Vaginal laceration
-
-

Q:2-An ultrasound reveals polyhydramnios with an appropriately grown fetus who has ascites and scalp edema. The patient, a kindergarten teacher, denies any recent illnesses, but some of the children at her school have been sick recently. What is the most likely cause of the fetal findings?

Mark one answer:

- ☐ Cytomegalovirus
 - ☐ Hepatitis B
 - ☐ Influenza A
 - ☐ Parvovirus B-19
-

Q:3-Which is a not true statement regarding magnesium sulfate?

Mark one answer:

- ☐ It causes diuresis postpartum
 - ☐ It is used to treat preterm labor
 - ☐ A common side effect is nausea, flushing, vomiting
 - ☐ A common side effect is hyperactivity, restless legs, and diarrhea
-

Q:4-What is the definition of bradycardia for a newborn infant?

Mark one answer:

- ☐ <100 beats/minute
 - ☐ <80 beats/minute
 - ☐ <70 beat/minute
 - ☐ <60 beat/minute
-

Q:5-A patient who is 26 weeks pregnant is referred for low back pain to PT. Select the exercise that would not be appropriate?

Mark one answer:

- ☐ William's back exercises
 - ☐ Side lying pelvic tilts
 - ☐ Side lying pelvic floor exercises
 - ☐ Standing wall push ups
-
-

Q:6-A male heterozygous for Rh factor mates with an Rh-negative female. It can be predicted that:

Mark one answer:

- ☐ No offspring would be Rh positive
 - ☐ 25% of the offspring would be Rh positive
 - ☐ 50% of the offspring would be Rh positive
 - ☐ 100% of the offspring would be Rh positive
-

Q:7-A 2 hour old newborn delivered by NSVD of a G1P1001 mother with gestational diabetes is noted to have jerky movement of all 4 limbs. Select the most appropriate initial management.

Mark one answer:

- ☐ Check the blood glucose
 - ☐ Administer water with dextrose orally
 - ☐ Administer D5W intravenously
 - ☐ Have the infant breast feed
-

Q:8-Which of the following helps to establish rapport?

Mark one answer:

- ☐ Writing down everything that is said
 - ☐ Maintaining good eye contact and taking short breaks to write notes
 - ☐ Reaching across the desk to shake hands
 - ☐ Wearing formal business clothes to appear professional
-

Q:9-What is an acceptable way to treat a painful early latent phase of labor?

Mark one answer:

- ☐ Perform artificial rupture of membranes to initiate labor
 - ☐ Administer oxytocin to augment labor
 - ☐ Achieve cervical ripening with prostaglandin gelv
 - ☐ Administer morphine
-

Q:10-Which of the following is false about gastrointestinal disease in pregnancy?

Mark one answer:

- ☐ Acute fatty liver of pregnancy is a rare complication of pregnancy
 - ☐ Sometimes the HELLP syndrome can initially be difficult to differentiate from acute fatty liver, but normal blood pressure and hepatic failure is not characteristic of severe preeclampsia
 - ☐ Hyperemesis gravidarum is characterized by nausea and vomiting unresponsive to simple therapy
 - ☐ Hyperemesis usually occurs early in the second trimester and resolves by about 26 weeks with occasional transient hepatic dysfunction
-

Midwife Test Simulator Free

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Q:1-A postpartum female develops episodes of depression followed by mania. What is the most likely diagnosis?

Mark one answer:

- ☐ Postpartum depression

- ☐ Postpartum blues
 - ☐ Postpartum psychosis
 - ☐ Bipolar disorder
-
-

Q:2-Select the true statement about molar pregnancy.

Mark one answer:

- ☐ Affected women should be discouraged from having further pregnancies
 - ☐ Most result in malignant transformation
 - ☐ Hyperemesis gravidarum is usually present
 - ☐ There is no increase risk for repeat molar pregnancies in women who have had this diagnosis
-

Q:3-Select the contraindication to external cephalic version.

Mark one answer:

- ☐ Maternal age >35
 - ☐ Maternal diabetes
 - ☐ 36 weeks gestation
 - ☐ Polyhydramnios
-

Q:4-A patient with penicillin allergy and group B streptococcus resistant to clindamycin and erythromycin should be treated with which antibiotic?

Mark one answer:

- ☐ Trimethoprim sulfa (Bactrim)

- ☐ Cephalosporins
 - ☐ Ciprofloxacin
 - ☐ Vancomycin
-

Q:5-Which is true about Good Samaritan laws?

Mark one answer:

- ☐ Apply to acute situations in emergency departments
 - ☐ Imply a professional/contractual relationship between patient and physician
 - ☐ Free medical providers from liability for ordinary negligence in emergency situations where no preexisting duty for due care exists
 - ☐ Apply only to medical professionals
-
-

Q:6-Which of the following is not a complication of uncontrolled hypertension in pregnancy?

Mark one answer:

- ☐ Increased fetal loss
 - ☐ Macrosomia
 - ☐ Preterm delivery
 - ☐ Pre-eclampsia
-

Q:7-What is not a potential complication to the fetus that develops congenital rubella syndrome?

Mark one answer:

- ☐ Cataracts
 - ☐ Macrosomia
 - ☐ Developmental delay
 - ☐ Deafness
-

Q:8-Which of the following factors does NOT affect rate of absorption of a drug?

Mark one answer:

- ☐ Particle size
 - ☐ Degree of ionization
 - ☐ Lipid solubility
 - ☐ Shape
-

Q:9-Which of the following describes a magnet hospital?

Mark one answer:

- ☐ Magnet status is an award given by the American Nurses' Credentialing Center (ANCC) an affiliate of the American Nurses Association
 - ☐ Demonstrated nursing involvement in data collection and decision-making in patient care delivery
 - ☐ A hospital which has met criteria demonstrating the strength and quality of their nursing
 - ☐ All of the above
-

Q:10-What would be expected in a patient with clinodactyly?

Mark one answer:

- ☐ Hypertrophied clitoris

- ☐ Abnormal curvature of fifth finger
 - ☐ Excessively mobile fingers
 - ☐ Presence of pectus excavatum
-

Download Midwife Exam

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Q:1-Uterine rupture is NOT associated with which of the following?

Mark one answer:

- ☐ Vertical uterine incision
- ☐ Prolonged manipulation
- ☐ Twins
- ☐ Horizontal uterine incision

Q:2-Melasma, a hyperpigmentation also known as the "mask of pregnancy," is what kind of lesion?

Mark one answer:

- ☐ Macule
- ☐ Wheal
- ☐ Erosion
- ☐ Plaque

Q:3-Peripartum cardiomyopathy is associated with:

Mark one answer:

- ☐ Ventricular dilatation
- ☐ Hypertrophy
- ☐ Pericarditis
- ☐ Conduction disorder

Q:4-The majority of children who develop Burkitt's lymphoma (BL) also have what other medical disorder?

Mark one answer:

- ☐ Tuberculosis
- ☐ Malaria
- ☐ Sickle cell
- ☐ Thalassemia

Q:5-How often does preterm birth not have an identifiable cause?

Mark one answer:

- ☐ Rarely
- ☐ One third
- ☐ One half
- ☐ Most of the time

Q:6-What is not true about magnesium sulfate?

Mark one answer:

- ☐ Magnesium is more effective in pre-eclampsia than other anticonvulsants such as phenytoin
- ☐ Controlling the blood pressure in pre-eclampsia may provide benefits for the mother but does not prevent fetal injury; in fact, it may further compromise perfusion to the fetus
- ☐ Control of the blood pressure during magnesium therapy is initiated only if the diastolic blood pressure is critical (i.e., over 110 mmHg)
- ☐ Delivery is not always necessary if the pre-eclampsia can be controlled

Q:7-What is the primary reason for the development of nurse practitioner and physician assistants programs?

Mark one answer:

- ☐ Glut of registered nurses
- ☐ Need for physician support personnel
- ☐ Primary care physician shortage
- ☐ Financial pressures for overpaying physicians

Q:8-What happens to the cardiac output during pregnancy?

Mark one answer:

- ☐ Increases
- ☐ Decreases
- ☐ Same
- ☐ Decreases in third trimester

Q:9-What is not true about trauma in pregnancy?

Mark one answer:

- ☐ Kleihauer-Betke (KB) stain should be performed to search for any evidence of maternal-fetal hemorrhage with trauma
- ☐ The decision to administer Rh immune globulin (RhoGAM) at 28 weeks gestation is based on the KB test and not necessarily the maternal blood type
- ☐ Trauma is the most common complication a pregnant patient will experience
- ☐ Trauma affects 7% of pregnancies, whereas diabetes affects only 3%, and hypertension affects only 6% of all pregnancies

Q:10-Select the true fact relative to the Nurse Practice Act.

Mark one answer:

- ☐ There is one federal guideline which defines professional nurse practice
 - ☐ The guidelines are for the purpose of protecting nurses
 - ☐ Nurse professionals may practice nursing without a license
 - ☐ Each of the fifty states has a Nurse Practice Act
-

Example Midwifery Questions

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Q:1-Which of the following symptoms in pregnant women is of most concern?

Mark one answer:

- ☐ Vomiting

- ☐ Heartburn
- ☐ Visual disturbances
- ☐ Mild edema

Q:2-When will a pregnant mother will generally feel the first movements of the infant?

Mark one answer:

- ☐ 2-4 weeks
- ☐ 4-8 weeks
- ☐ 14-20
- ☐ Third trimester

Q:3-Which of the following is not a sign of severe preeclampsia?

Mark one answer:

- ☐ Headache and visual disturbances
- ☐ Epigastric pain and pulmonary edema
- ☐ Hemolysis elevated liver enzymes
- ☐ Thrombocytosis with platelets of 200,000

Q:4-Which is NOT a clinical feature of preeclampsia?

Mark one answer:

- ☐ Hypertension
- ☐ Proteinuria

- ☐ General edema
- ☐ Seizure

Q:5-A pregnant woman presents with vaginal bleeding. An obstetrical ultrasound is performed and shows an anterior placenta that completely covers the internal cervical os. Which of the following would most increase her risk for hysterectomy?

Mark one answer:

- ☐ Desire for sterilization
- ☐ Development of disseminated intravascular coagulopathy (DIC)
- ☐ Placenta accreta
- ☐ Prior vaginal delivery

Q:6-Which of the following is a standardized list containing 554 research based nursing interventions?

Mark one answer:

- ☐ NICU
- ☐ NANDA
- ☐ NIC
- ☐ NOC

Q:7-A multipara whose ultrasound suggests a fetus of 3200 g progresses in labor, then remains at 6 cm dilatation for three hours. Fetal heart rate tracing is reactive. An intrauterine pressure catheter (IUPC) reveals two contractions in 10 minutes with

amplitude of 40 mm Hg each. Which of the following is the best management for this patient?

Mark one answer:

- ☐ Ambulation
- ☐ Sedation
- ☐ Administration of oxytocin
- ☐ Cesarean section

Q:8-A pregnant female undergoes aspiration of her amniotic fluid, which appears green.

What does this finding indicate?

Mark one answer:

- ☐ Jaundice
- ☐ Sepsis
- ☐ Placenta previa
- ☐ Meconium

Q:9-Which of the following is seen in pregnancy?

Mark one answer:

- ☐ Decreased oxygen demand
- ☐ Decreased nasal congestion
- ☐ Increased fluid retention
- ☐ Decreased FRC

Q:10-What is true of bacterial vaginosis?

Mark one answer:

- ☐ Vulvar pruritis and irritation are prominent symptoms
 - ☐ Vaginal epithelial cells with clusters of bacteria adherent to their surfaces called clue cells are noted on wet prep
 - ☐ The treatment of choice is tetracycline
 - ☐ Pregnant women should be treated differently than non-pregnant women with BV
-

Midwifery Questions

midwifery question and answer midwifery exam questions

Q:1-What schedule class is diazepam?

Mark one answer:

- ☐ I
 - ☐ II
 - ☐ III
 - ☐ IV
-
-

Q:2-Which of the following is FALSE about benzylpenicillin (Penicillin G)?

Mark one answer:

- ☐ It is hepatotoxic

- ☐ Effective against Gram negatives
 - ☐ Can be combined with aminoglycosides
 - ☐ Resistance is common
-

Q:3-Nurse practitioners were first allowed to prescribe medications in this state:

Mark one answer:

- ☐ Delaware
 - ☐ North Carolina
 - ☐ California
 - ☐ Texas
-

Q:4-Late decelerations during delivery are related to which of the following?

Mark one answer:

- ☐ Fetal head compression
 - ☐ Cord compression
 - ☐ Placental insufficiency
 - ☐ Amnionitis
-

Q:5-Which of the following diseases can be transmitted via the fecal oral route?

Mark one answer:

- ☐ Hepatitis A
- ☐ Hepatitis C
- ☐ Histoplasmosis
- ☐ Meningococcal meningitis

Q:6-What is not a fetal abnormality associated with polyhydramnios?

Mark one answer:

- ☐ Esophageal atresia
 - ☐ Microcephaly
 - ☐ Spina bifida
 - ☐ Chromosomal abnormalities
-

Q:7-An infant is born of a healthy mother at 30 weeks gestation and small for gestational age. Serum glucose is 22 mg/dL at one hour. What is the most likely cause of hypoglycemia?

Mark one answer:

- ☐ Infection
 - ☐ Inadequate nutritional stores
 - ☐ Hyperinsulinemia
 - ☐ Adrenal immaturity
-

Q:8-Which of the following is the approximate percentage of unplanned pregnancies in the U.S.?

Mark one answer:

- ☐ 70%
- ☐ 50%

- ☐ 30%
 - ☐ 10%
-

Q:9-Which of the following infections in pregnancy is a reactivation and therefore not a risk to the fetus?

Mark one answer:

- ☐ Group B Cocksackie virus
 - ☐ Rubella virus
 - ☐ Herpes virus type 2
 - ☐ Shingles
-

Q:10-Which of the following populations need the highest amounts of daily calcium in their diet?

Mark one answer:

- ☐ Post menopausal women
 - ☐ Elderly men
 - ☐ Pregnant women
 - ☐ Lactating mothers
-

Q:1-Apgar score is determined at:

Mark one answer:

- ☐ 2 minutes
- ☐ 5 minutes

- ☐ 10 minutes
- ☐ 20 minutes

Q:2-The organization that focuses on: Safe Staffing Saves Lives, Handle with Care, the 5 Million Lives Campaign, and the Coalition for Patients' Rights:

Mark one answer:

- ☐ American Academy of Nurses (AAN)
- ☐ The American Nurses Credentialing Center (ANCC)
- ☐ National League of Nursing (NLN)
- ☐ American Nurses Association (ANA)

Q:3-What is not true regarding the obstetrical history?

Mark one answer:

- ☐ Gravity is the number of pregnancies
- ☐ Parity is the outcome of each pregnancy
- ☐ Parity is sub-divided into number of term deliveries, preterm deliveries, abortions (spontaneous or induced) or ectopics, and number of living children
- ☐ The last number in the short-hand recording of obstetrical history does not include adopted children

Q:4-Lecithin and sphingomyelin ratio measures:

Mark one answer:

- ☐ Lung maturity

- ☐ Pulmonary hypertension
- ☐ Bronchitis
- ☐ Cardiac function

Q:5-What complication is commonly seen in infants born to women suffering from gestational diabetes?

Mark one answer:

- ☐ Macrosomia
- ☐ Ketoacidosis
- ☐ Hyperglycemia
- ☐ Erythroblastosis fetalis

Q:6-What is the best initial test for gestational diabetes?

Mark one answer:

- ☐ Three hour glucose tolerance test
- ☐ 50 gram glucose challenge test
- ☐ Fasting blood glucose
- ☐ Random blood sugar

Q:7-A 38-year-old pregnant female has been told that she has an elevated serum level of alpha-fetoprotein in her amniotic fluid. What is the next step?

Mark one answer:

- ☐ Repeat test in 4 weeks

- ☐ Abortion ASAP
- ☐ Obtain an ultrasound
- ☐ Amniocentesis

Q:8-A 17-year-old at 28 weeks gestation is having her preterm labor controlled with terbutaline. She is to receive betamethasone valerate 12 mg every 12 hours, 3 dosages.

Why is betamethasone valerate given?

Mark one answer:

- ☐ Reduce the patient's immune response so that she does not develop pregnancy-induced hypertension (PIH)
- ☐ Enhance the baby's lung maturity by increasing the production of surfactant
- ☐ Reduce the patient's risk of infection
- ☐ Stimulate the baby's growth so that the baby will be larger and stronger if born prematurely

Q:9-Which is not true about post-delivery vulvar hematomas?

Mark one answer:

- ☐ Small vulvar hematomas discovered after leaving the delivery room may be treated expectantly
- ☐ Laparotomy may be indicated if the hematoma extends into the broad ligament
- ☐ Embolization of the vaginal branch of the internal pudendal artery, uterine artery, and internal pudendal artery can be performed if bleeding is intractable
- ☐ An ice pack to the perineum will treat most vulvar hematomas

Q:10-A postpartum female develops anxiety, crying, and irritability. She gets up to breastfeed every 2-3 hours. What is the most appropriate initial management?

Mark one answer:

- ☐ Reassure the patient that her symptoms are quite normal and should resolve in about 2 weeks
 - ☐ Refer her to a psychiatrist for counseling and antidepressant therapy
 - ☐ Refer her to a psychiatrist for admission to a psychiatry ward
 - ☐ Prescribe a medication to help her sleep
-

Midwifery Board Exam Review Questions

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Q:1-In a pregnant female, the fourth part of Leopold maneuver identifies which of the following structures?

Mark one answer:

- ☐ Shoulder
 - ☐ Back of fetus
 - ☐ Face
 - ☐ Cephalic prominence
-
-

Q:2-A patient undergoes a total abdominal hysterectomy. Which of the following clinical features requiring a referral occurs most commonly?

Mark one answer:

- ☐ Coughing as a result of effects of anesthesia
 - ☐ Fluid overload
 - ☐ Disturbance of body image
 - ☐ Minor vaginal "spotting"
-

Q:3-What teratogenicity is not associated with tetracycline use in pregnancy?

Mark one answer:

- ☐ Fetal bone abnormalities
 - ☐ Heart defects
 - ☐ Maternal liver toxicity
 - ☐ Teeth abnormalities
-

Q:4-Which is true regarding blood glucose and pregnancy?

Mark one answer:

- ☐ Hypertension is very common in the 3rd trimester
 - ☐ Fetuses usually grow very large in the first trimester
 - ☐ There is a strong link between glucose levels in pregnancy and miscarriage
 - ☐ If blood sugars are mildly elevated, there is no harm to the fetus
-

Q:5-Which statement is most accurate regarding analgesia for circumcision in newborns?

Mark one answer:

- ☐ Analgesia is not recommended because there is no evidence that newborns undergoing circumcision experience pain
 - ☐ Analgesia is not recommended because it is unsafe in newborns
 - ☐ Oral acetaminophen or sugar solution is recommended for analgesia
 - ☐ Dorsal penile nerve block is recommended for analgesia
-
-

Q:6-A patient with placenta previa has a repeat caesarean section and the placenta is found to be adherent. What is the next step in the management of this patient?

Mark one answer:

- ☐ Administer Methylergonovine (Methergine) intramuscularly
 - ☐ Administer Misoprostol (Cytotec) suppositories per rectum
 - ☐ Administer prostaglandin F2a (Hemabate) intramuscularly
 - ☐ Perform a hysterectomy
-

Q:7-A woman enquires about what she should do if her baby unexpectedly delivers at home. Which advice is least appropriate?

Mark one answer:

- ☐ Call 911
 - ☐ Lay down
 - ☐ If the baby is not breathing, stimulate him by rubbing up and down his back
 - ☐ Cut the umbilical cord as soon as the baby is born
-

Q:8-What is one of the most common risk factors for placental abruption?

Mark one answer:

- ☐ Diabetes
 - ☐ Hypertension
 - ☐ Trauma
 - ☐ Infections
-

Q:9-Early decelerations during delivery are related to which of the following?

Mark one answer:

- ☐ Fetal head compression
 - ☐ Cord compression
 - ☐ Placental insufficiency
 - ☐ Amnionitis
-

Q:10-Which heart rate is considered fetal tachycardia?

Mark one answer:

- ☐ 110
 - ☐ 130
 - ☐ 150
 - ☐ 170
-

Midwifery Board Exam Questions

midwifery question paper midwifery exams

Q:1-Which of the following is not a contraindication to varicella vaccine?

Mark one answer:

- ☐ ALL in remission
 - ☐ Pregnancy
 - ☐ Immunosuppressed patients
 - ☐ Patients with a history of anaphylaxis to gelatin
-
-

Q:2-Syphilis may be definitively diagnosed by:

Mark one answer:

- ☐ Urethral culture
 - ☐ Clue cells in vaginal discharge
 - ☐ Strawberry cervix
 - ☐ Darkfield microscopy
-

Q:3-What teratogenic effect is suspected to occur in quinolone use in pregnancy?

Mark one answer:

- ☐ Fetal bone abnormalities
 - ☐ Heart defects
 - ☐ Maternal liver toxicity
 - ☐ Premature rupture of membranes
-

Q:4-Which of the following bodily fluids can transmit HIV?

Mark one answer:

- ☐ Tears
 - ☐ Sweat
 - ☐ Blood
 - ☐ Saliva
-

Q:5-Subarachnoid hemorrhage induced seizure usually appears during:

Mark one answer:

- ☐ One hour of life
 - ☐ One day of life
 - ☐ One week of life
 - ☐ One month of live
-
-

Q:6-Select the choice which is among Neuman's stated goals of nursing:

Mark one answer:

- ☐ a. "To facilitate optimal wellness for the client through retention, attainment, or maintenance of client system stability"
 - ☐ b. "To reduce stressor impact, whether actual or potential, and to increase client resistance"
 - ☐ c. Both a and b
 - ☐ d. "To eliminate all stress and conflict"
-

Q:7-Niemann Pick disease has what type of genetic inheritance?

Mark one answer:

- ☐ Autosomal dominant
 - ☐ Autosomal recessive
 - ☐ X linked dominant
 - ☐ X linked recessive
-

Q:8-What is the normal amount of blood loss during a vaginal delivery?

Mark one answer:

- ☐ 300 ml
 - ☐ 500 ml
 - ☐ 800 ml
 - ☐ 1500 ml
-

Q:9-What is the purpose of magnesium sulfate in severe preeclampsia?

Mark one answer:

- ☐ To cure preeclampsia
 - ☐ To raise the seizure threshold and prevent eclampsia
 - ☐ To lower the blood pressure
 - ☐ To raise platelets
-

Q:10-What is true regarding tobacco use in pregnancy?

Mark one answer:

- ☐ Nicotine replacement (e.g., patches) is considered category A during pregnancy

- ☐ Smoking cessation advice and behavioral modification are effective for women who are pregnant
 - ☐ If this patient continues to smoke throughout her pregnancy, she should start a nicotine patch in labor since she will not be permitted to smoke in the hospital
 - ☐ Bupropion, although effective for smoking cessation, is contraindicated during pregnancy as it is category X
-

ANSWERS TEST 1

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 2

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 3

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 4

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 5

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 6

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 7

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 8

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 9

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 10

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 11

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D

ANSWERS TEST 12

1C
2A
3C
4B
5C
6A
7B
8B
9B
10D